



ASHTANGA YOGA PARIS

300+ hours Teacher Training Application



Your photo

Date :

First and Last Names

Curent Address

Country of origin

Phone

E-mail

Curent Job

Age

Did you complete a 200 hours Teacher Training with AYP ? If not, with whom ?

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How did you learn about the Ashtanga Yoga Paris Teacher Training program?

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Will you be doing the 35 practices and 35 assists at AYP? Or at the partner studio, if the intensive is not in Paris? Or with a teacher in your home town? Or a special project that we'll explain during the intensive if you have no teacher in your town.

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Personal information

- **How would you evaluate your current health**

Excellent Good Fair Some challenges

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- **Do you have any disabilities ?**

Yes No

- **How long have you been practicing yoga? How many days a week? And which style? Have you practiced Ashtanga for at least 250 hours ?**

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- **At which yoga studios do you currently practice?**

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- **Do you have a home practice?**

Yes No

- **Who have been your primary teachers? Past and present**

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- **Tell us about your pranayama experience (have you learned any techniques, do you practice regularly, what do you practice, who did you learn with, etc.)**

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• **Tell us about your meditation experience**

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• **What area of yoga challenges you the most?**

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• **Are you currently teaching yoga? If yes, for how many years and where do you teach?**

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• **Do you plan to teach after this training?**

Yes No, its for my personal growth only

• **Why have you chosen the Ashtanga Yoga Paris teacher training?**

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• **What do you expect to learn from this training in regards to the yoga? And how do you think you will grow from this training?**

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Payment information

Please mail the registration form or scan and email with copy of BT confirmation. If you want to mail it: Ashtanga Yoga Paris | 40 Avenue de la République | 75011 | Paris, France

If you want to e-mail: info@ashtangayogaparis.fr || AYP's number: +33 (0) 1 45 80 19 96

• **Choose a payment option :**

Option 1 : 800€ as registration fees

Option 2 : the full amount of 5000€

I understand that if I choose the option 1, I'll have to pay for each workshops in the next 3 years (2 in option) to register for them.

• **I am enclosing the following in checks (make the order to ASHTANGA YOGA PARIS):**

The full amount of 5000 euros

The deposit of 800 euros

Post-dates checks

Dates and amount

• **My participation in this teacher training will be funded by an organisation (e.g.: AFDAS, Pôle Emploi...):**

The fees of 5000€ will be paid by :

Payments and refund policy

All payments are non-refundable when registering for the training.

JI have read and accept the above terms, please sign and date.